



## Flat Top Pro Instruction

The liner is made up of five sections of a thermo-formable foam, which can be heated and molded during the cooling process. Enclosed with your helmet you will find a shim kit.

1. Try on the helmet before baking the liner. Use the shim kit provided to 'perfect' the fit by adding or removing foam from the outer liner until a tight, uncomfortable fit is acquired. The baking process will warm and soften the liner in such a way that it custom molds to your head.
2. Preheat your oven to 190° Fahrenheit or 80° Celsius. Carefully remove all liner sections except for the BONE PAD from your helmet and place only the top and chin pad on a piece of cardboard in the oven. Do not allow any part of the liner to touch the edges or metal of the oven.
3. Heat the foam 15 minutes or until the heat has permeated the liner sufficiently. Remove these pieces from the oven and quickly but carefully re-insert them into the helmet.
4. Immediately place the helmet on your head, close and lock the Bone. The pad will be hot, however should not burn your head. Leave the ladder strap two clicks from being completely closed on the helmet. The helmet should be fitted in this position but NEVER jumped in this position. Doing this makes for a tighter fit when actually jumping the helmet. When jumping the helmet the bone should meet the helmet. Make sure the helmet is straight by looking in a mirror. Do not talk during this cooling process. This cooling process takes about 10-15 minutes.
5. While waiting for the liner to cool, place the ear sections in the oven on the cardboard.
6. When the top is cooled and the earpieces are sufficiently heated remove the helmet and take out the top pad and carefully place the earpieces in their appropriate locations inside the helmet then reinsert the top pad.
7. Put the helmet on and again make sure it is straight, allow the ears to cool.
8. REMOVE THE CARDBOARD FROM THE OVEN
9. When all sections have cooled completely, your Bonehead should have a tight secure fit. Fitting your audible - do this after baking the helmet liner. Remove the liner on the side that you would like to put your audible. On the helmet side of the liner place the audible in the desired location and mark around it with a pen. Using a hot knife or razor blade cut the liner slightly smaller than the pen marks. Be careful not to cut the felt on the 'ear side'. Peel the liner material away from the felt. If you used a razor blade warm the hole you have cut with a blow dryer or heat gun (held far away from the material). Push the audible into the location hole. Mark the speaker hole and carefully use a hot knife to cut a small hole in the felt on the head side of the liner.

### **WARNING!**

Bonehead Composites has made every attempt to build their products to be as safe as possible. However, Bonehead Composites, JF Christopher Inc., their dealers and employees cannot be held responsible for injuries, losses or death occurring through proper or improper use of their product. At the moment of use, the USER accepts full responsibility for their own well being and property with full knowledge of the risks involved in their activities. Though no activity is 100% safe, the user can greatly reduce their chance of equipment loss, injury or death by practicing emergency procedures and through proper gear maintenance.

